

Vocabulary List 1

KEY

word (part of speech)	definition
[pronunciation]	alternate choices for words, including synonyms, phrases, idioms
common word forms	

abolish (verb)	to do away with something
[uh BOL ish]	cancel repeal put an end to discontinue
abolition (noun)	

capable (adjective)	having the qualities or abilities needed to do something
[KAY puh bull]	competent proficient efficient
capability (noun)	

essential (adjective)	extremely important and necessary
[ih SEN shul]	crucial key needed

flexible (adjective)	¹ capable of bending or being bent
[FLEX ih bul]	pliant supple elastic
flexibility (noun)	² easily changed
	adaptable able to meet new situations

humble (adjective)	not proud and not thinking that you are better than other people
[HUHM bul]	modest down-to-earth unassuming
humility (noun)	

hyperbole (noun)	exaggerated statements not meant to be taken as factual
[hy PUR buh lee]	overstatement stretch the truth embellishment

intercept (verb)	to take, seize, or stop before reaching an intended destination
[in tur SEPT]	block prevent waylay cut-off hinder
interception (noun)	

kin (noun)	one's relatives; a group of persons of common ancestry
[kin]	flesh and blood relations family lineage

meander (verb)	to wander aimlessly with little purpose
[mee AN dur]	saunter amble drift mosey along

navigate (verb)	to make one's way over, to, or through a place
[NAV ih geyt]	pilot traverse steer move
navigational (adjective)	

A. Write the best word to complete each sentence.

1. When asked to name something that they would change about school, students jokingly called for the _____ of homework.

intercept meander abolition

2. In his speech about a praiseworthy _____, Jie said he admired his Uncle Bao, a successful businessman from Shanghai, China.

abolition kin capability

3. When asked to describe a personal memorable moment in sports, Oliver wrote about the time when he was the goalie on his soccer team and his _____ of the ball helped assure his team's victory.

interception abolition navigational

4. After lunch, Ms. Mitchell reminded the students to hurry to their classrooms and not _____ in the hallway.

intercept meander navigate

5. As lunchtime drew near, Isabella, using a _____, declared, "I'm so hungry, I could eat a horse."

capability meandering hyperbole

6. Unlike Cassidy, who liked to boast about his swimming accomplishments, Ava, also a talented swimmer, was _____ about the many trophies and medals she had won.

humble capable essential

7. At the start of the new school year, Principal Garcia spoke to all students at an assembly in the auditorium. As well as reminding them of the school rules, he wished them a successful school year and said he knew each student had the _____ to achieve.

humility flexibility capability

8. Mr. Reyen, who taught health and physical education to all elementary students, demonstrated some stretching exercises that are important for _____ and also to warm up for more rigorous physical activity.
humility essential flexibility
9. Mr. Reyen explained that stretching exercises were _____ to gradually increase the heart and respiration rate to avoid the sudden shock when the intense activity of a sport or vigorous exercise begins.
humble essential capable
10. Principal Garcia approached a group of fifth grade girls chatting and laughing in the hallway and asked if he could help them _____ the way to their classroom so they wouldn't be late.
navigate intercept meander
11. Ms. Blanchard reminded Cassidy that _____ is a virtue when she overheard him boasting about getting the autograph of an Olympic swimmer.
flexibility capability humility
12. Aaliyah, Sabrina, and their mothers spent Saturday afternoon just _____ through the shopping mall, window-shopping, before they all went to a movie.
meandering abolishing intercepting
13. Mr. Duncan reminded his class that along with sharpened pencils, a good eraser, and an ample supply of paper for practice, study time was the most _____ to prepare for the test on fractions.
humble capable essential
14. Everyone was astounded that Naomi was so _____ when she did six flips in succession on the trampoline in the gym.
flexible humble navigational
15. "Almost all my _____ were there, including cousins I didn't even know I had," said Dillon, when he talked about the family reunion he attended in Pittsburgh, Pennsylvania.
humility hyperbole kin

A. (continued) Write the best word to complete each sentence.

16. While reporting on the famous Portuguese explorer Vasco da Gama, Luis explained that da Gama used _____ tools such as a sextant to measure the angle between a star and the horizon. navigational essential flexible
17. Ms. Blanchard began the writing lesson by saying, “By the end of the first six weeks of school, I hope each student will have _____ all run-on sentences and sentence fragments in his or her writing.” intercepted meandered abolished
18. After Julian’s mother called a baby-sitter to watch him over the weekend, Julian loudly complained that he was _____ of looking after himself. essential flexible capable
19. Ms. Blanchard _____ the note that Molly tried to pass to Ofri during English class. navigated intercepted abolished
20. “The room in which I had to stay at Lake Charlevoix was as small as a postage stamp,” said Isabella, talking about her Michigan vacation with her parents. Overhearing, Ms. Blanchard reminded her that she was using a _____. hyperbole capability humility

B. Write the best word from the choice box to complete each sentence.

kin
flexible
humble

abolished
meandering
essential

intercepting
capability
hyperbole

navigate
capable
humility

1. The 13th Amendment to the United States Constitution _____ slavery.
2. “We need to be _____ about the date for our picnic in case it rains,” said Mr. Duncan.
3. After _____ a pass, Dillon’s brother, Brady, ran sixty-nine yards to score a touchdown for the Jefferson Falcons.
4. After the track meet on Saturday, using a _____ Gina exclaimed, “I’m so tired I cannot walk another inch.”
5. Principal Garcia intercepted Luis in the hallway outside of his office and asked, “Mr. Hernandez, why are you slowly _____ down the hall when you are obviously late for class?”
6. Damian claimed to be _____ to George Washington. “I’m a 13th cousin of George,” he boasted.
7. Some scientists believe that gray whales use visual landmarks such as a coastline or the contours of the sea floor to _____ from one place to another.
8. From _____ beginnings, Abraham Lincoln rose to become the 16th U.S. president in 1861.
9. In health class, Mr. Reyen said the mineral iron, which is found in foods such as red meat, turkey, pork, spinach, beans, and prunes, is _____ for young adults to build muscle and healthy red-blood cells.
10. Patty said the smart phone she received for her birthday was _____ of surfing the web, sending and receiving emails, playing music, and taking pictures.

C. Story Challenge

Write the best word from the choice box to fill each blank in the story.

navigate
essential
abolish

flexible
intercept
capable

kin
interception
hyperbole

capability
humble
meander

Discovery

Ms. Blanchard began class with a fun and informative exercise to learn about her new fifth grade class. First, she asked her students to write their names on index cards; then she collected the cards and put them into a shoebox. “Class,” she began, “on the board is a list of vocabulary words and definitions that I would like you to learn this week.” Students volunteered to pronounce the words and read the definitions, and then they wrote the words and definitions in their new English notebooks.

Next, Ms. Blanchard explained the exercise. “I will pick a name from the shoebox and that student will tell the class two interesting facts—one fact that connects in a personal way to any one of the week’s vocabulary words, and another fact about something personal that you feel comfortable in sharing.” Ms. Blanchard gave the class a few minutes to think about what each would say when his or her name was called.

Damian’s name was selected first. He began, “For me, ten hours sleep each night is ⁽¹⁾ _____. If I don’t get my sleep, I tend to be grumpy all day. Also, my personal fact is that I have a yellow belt in taekwondo.”

Next, Ava responded, “I’m a very ⁽²⁾ _____ swimmer,” she said. “I’ve been on a swim team for almost four years. Also, I have two older brothers and one younger sister.”

Jie’s name was drawn next next. “Most of my ⁽³⁾ _____ come from Shanghai, China,” he said. “And, I like art, especially making origami animals.”

Oliver grinned when his name was selected. “If I was in charge of education, I would definitely ⁽⁴⁾ _____ school on Fridays. My week would be four days of learning and three days of fun. Also, I’m on the soccer team and we have a game this Saturday, so come to the game and cheer us on!”

Molly replied, “My family spends a lot of time sailing. Last summer I learned to ⁽⁵⁾ _____ by using a compass. Also, I love learning about sea life, and someday I’d like to be a marine biologist.”

After lunch, the exercise continued. When the kids were seated, Ms. Blanchard selected another card from the shoebox. Isabella began, “One of the words is ⁽⁶⁾ _____, which Mr. Duncan accused me of using yesterday before lunch when I said I was so hungry I could eat a horse. Also, a personal fact is that I have a new baby sister and her name is Claire.”

“Thank you, Isabella, and congratulations on the new family addition.” Next, Ms. Blanchard

pulled Cassidy's name from the box.

"I'm not very ⁽⁷⁾ _____," he said. "I've won many trophies and medals in swimming that I'm very proud of and sometimes I brag too much. Also, I like reading fantasy series, and my favorite is *The Pyrdain Chronicles*, by Lloyd Alexander."

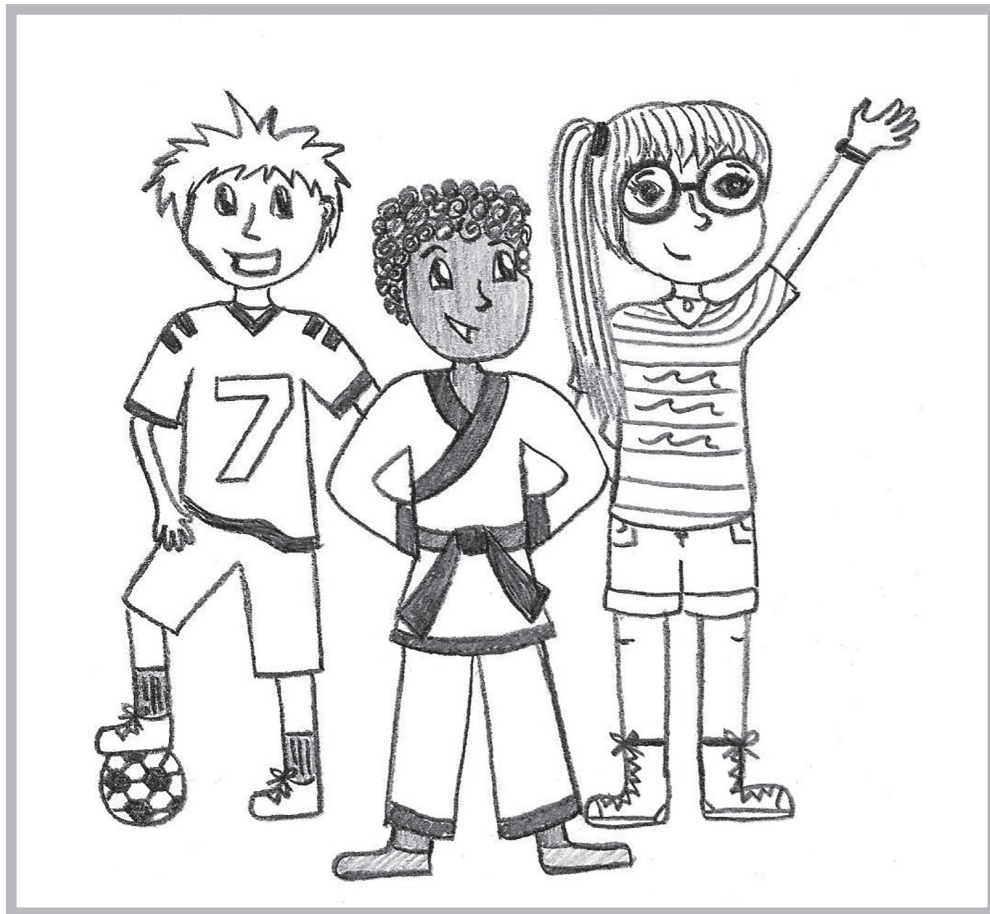
Naomi replied next, "I'm very ⁽⁸⁾ _____," she began. "I can do backbends, somersaults, and handstands. Also, my favorite subject in school is science, especially learning about the human body."

After Naomi came Dillon. "In Colorado, my family visited a missile defense site, and we learned how many ballistic missile defense systems are designed for the ⁽⁹⁾ _____ of enemy missiles, and also math is my very favorite subject."

"Mila," Ms. Blanchard read the name on the index card.

"I like to just ⁽¹⁰⁾ _____ through pet shops petting the kittens, puppies, and bunnies," she said. "Besides really liking animals, another fact about me is that I have twin sisters in middle school, Margo and Marcia."

Class ended and every student had the chance to respond. Ms. Blanchard's fifth grade class agreed that not only had they reviewed the week's vocabulary list, but they also learned a bit more about each other.



D. The underlined part in each sentence is a synonym, idiom, phrase, or definition for a list word. Unscramble the list word and write the word on the blank.

- | | | |
|--|-------|-----------|
| 1. Oliver explained that speed and focus are <u>indispensible</u> skills for a soccer goalie. | _____ | sateienls |
| 2. "I've learned to be very <u>efficient</u> at changing and feeding Claire, my baby sister," said Isabella. | _____ | lapebac |
| 3. When Bob got his new electric wheelchair, he discovered it was much easier to <u>traverse</u> through the school halls. | _____ | gveniata |
| 4. One of Molly's favorite things to do on vacation is to <u>saunter</u> through an aquarium and observe the marine animals. | _____ | emadenr |
| 5. After learning that Mila has twin sisters, Aaliyah said she has <u>relatives</u> in Lebanon, Ahmed and Amir, who are identical twins. | _____ | ink |
| 6. In his informative speech, Damian explained that a participant needs to be <u>supple</u> and fast in taekwondo. | _____ | belifxle |
| 7. "My Uncle Matt calls me a computer genius," said Julian, "but I know he is using a/an <u>exaggeration</u> ." | _____ | yeheboprl |
| 8. James is the best chess player in the fifth grade, but he is very <u>modest</u> about his ability. | _____ | lmuheb |
| 9. Ms. Mitchell hurried to <u>stop</u> Patty in the hall to tell her that softball practice was cancelled because of rain, but she could not catch her. | _____ | rnptteeci |
| 10. "I make a motion to <u>cancel</u> Mr. Garcia's corny jokes," said Oliver teasingly after Mr. Garcia stepped into the classroom to tell his latest joke. "What's the difference between a teacher and a steam train?" he asked. No one knew, so he gave the answer. The teacher says, "Spit out that chewing gum immediately!" and the steam train goes, 'Chew, Chew.'" | _____ | hiablos |

E. Write the word, idiom, or phrase from the choice box that best defines each list word.

- obstruct
- competent
- look like
- relatives
- necessary
- adventurous

- exaggeration
- steer
- modest
- do away with
- ramble
- bendable

1. abolish _____
2. capable _____
3. essential _____
4. flexible _____
5. humble _____
6. hyperbole _____
7. intercept _____
8. kin _____
9. meander _____
10. navigate _____

F. Use each word from the choice box to write a complete sentence.

1. abolish
2. meander
3. intercept

4. navigate
5. capable
6. kin

7. essential
8. hyperbole
9. flexible

10. humble

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

Answers

List 1

- A.** (pp. 2-4)
1. abolition
 2. kin
 3. interception
 4. meander
 5. hyperbole
 6. humble
 7. capability
 8. flexibility
 9. essential
 10. navigate
 11. humility
 12. meandering
 13. essential
 14. flexible
 15. kin
 16. navigational
 17. abolished
 18. capable
 19. intercepted
 20. hyperbole
- B.** (p. 5)
1. abolished
 2. flexible
 3. intercepting
 4. hyperbole
 5. meandering
 6. kin
 7. navigate
 8. humble
 9. essential
 10. capable
- C.** (pp. 6-7)
1. essential
 2. capable
 3. kin
 4. abolish
 5. navigate
 6. hyperbole
 7. humble
 8. flexible
 9. interception
 10. meander
- D.** (p. 8)
1. essential
 2. capable
 3. navigate
 4. meander
 5. kin
 6. flexible
 7. hyperbole
 8. humble
 9. intercept
 10. abolish
- E.** (p. 9)
1. do away with
 2. competent
 3. necessary
 4. bendable
 5. modest
 6. exaggeration
 7. obstruct
 8. relatives
 9. ramble
 10. steer
- F.** (p. 10)
Sentences will vary.